Employer Name:	Ruan Transport Corporation	
Employer State of Situs:	lowa	
Name of Issuer:	Wellmark BCBS of IA	
Plan Marketing Name:		
Plan Year:	2023	

- Ambulatory patient services (outpatient care you get without being admitted to a hospital)
- Emergency services
- Hospitalization (like surgery and overnight stays)
- Laboratory services
- Mental health and substance use disorder (MH/SUD) services, including behavioral health treatment (this includes counseling and psychotherapy)
- Pediatric services, including oral and vision care (but adult dental and vision coverage aren't essential health benefits)
- Pregnancy, maternity, and newborn care (both before and after birth)
- Prescription drugs
- Preventive and wellness services and chronic disease management
- Rehabilitative and habilitative services and devices (services and devices to help people with injuries, disabilities, or chronic conditions gain or recover mental and physical skills)

Item	020-2022 Illinois Essential Healt	Benchmark Page # Reference	Employer Plan Covered Benefit?
1	Accidental Injury Dental	Pgs. 10 & 17	Yes
2	Allergy Injections and Testing	Pg. 11	Yes
3	Bone anchored hearing aids	Pgs. 17 & 35	Yes
4	Durable Medical Equipment	Pg. 13	Yes
5	Hospice	Pg. 28	Yes
6	Infertility (Fertility) Treatment	Pgs. 23 - 24	Yes
7	Outpatient Facility Fee (e.g., Ambulatory Surgery Center)	Pg. 21	Yes
8	Outpatient Surgery Physician/Surgical Services (Ambulatory Patient Services)	Pgs. 15 - 16	Yes
9	Private-Duty Nursing	Pgs. 17 & 34	No
10	Prosthetics/Orthotics	Pg. 13	Yes
11	Sterilization (vasectomy men)	Pg. 10	Yes
12	Temporomandibular Joint Disorder (TMJ)	Pgs. 13 & 24	Yes
13	Emergency Room Services (Includes MH/SUD Emergency)	Pg. 7	Yes
14	Emergency Transportation/ Ambulance	Pgs. 4 & 17	Yes
15	Bariatric Surgery (Obesity)	Pg. 21	Yes

16	Breast Reconstruction After Mastectomy	Pgs. 24 - 25	Yes
17	Reconstructive Surgery	Pgs. 25 - 26, & 35	Yes
18	Inpatient Hospital Services (e.g., Hospital Stay)	Pg. 15	Yes
19	Skilled Nursing Facility	Pg. 21	Yes
20	Transplants - Human Organ Transplants (Including transportation & lodging)	Pgs. 18 & 31	Yes
21	Diagnostic Services	Pgs. 6 & 12	Yes
22	Intranasal opioid reversal agent associated with opioid prescriptions	Pg. 32	Yes
23	Mental (Behavioral) Health Treatment (Including Inpatient Treatment)	Pgs. 8 -9, 21	Yes
24	Opioid Medically Assisted Treatment (MAT)	Pg. 21	Yes
25	Substance Use Disorders (Including Inpatient Treatment)	Pgs. 9 & 21	Yes
26	Tele-Psychiatry	Pg. 11	Yes
27	Topical Anti-Inflammatory acute and chronic pain medication	Pg. 32	Yes
28	Pediatric Dental Care	See AllKids Pediatric Dental Document	No
29	Pediatric Vision Coverage	Pgs. 26 - 27	Yes
30	Maternity Service	Pgs. 8 & 22	Yes
31	Outpatient Prescription Drugs	Pgs. 29 - 34	Yes
32	Colorectal Cancer Examination and Screening	Pgs. 12 & 16	Yes
33	Contraceptive/Birth Control Services	Pgs. 13 & 16	Yes
34	Diabetes Self-Management Training and Education	Pgs. 11 & 35	Yes
35	Diabetic Supplies for Treatment of Diabetes	Pgs. 31 - 32	Yes
36	Mammography - Screening	Pgs. 12, 15, & 24	Yes
37	Osteoporosis - Bone Mass Measurement	Pgs. 12 & 16	Yes
38	Pap Tests/ Prostate- Specific Antigen Tests/ Ovarian Cancer Surveillance Test	Pg. 16	Yes
39	Preventive Care Services	Pg. 18	Yes
40	Sterilization (women)	Pgs. 10 & 19	Yes
41	Chiropractic & Osteopathic Manipulation	Pgs. 12 - 13	Yes
42	Habilitative and Rehabilitative Services	Pgs. 8, 9, 11, 12, 22, & 35	Yes

Employer Name:	Ruan Transport Corporation
Employer State of Situs:	lowa
Name of Issuer:	Wellmark BCBS of IA
Plan Marketing Name:	Basic
Plan Year:	2023

- Ambulatory patient services (outpatient care you get without being admitted to a hospital)
- Emergency services
- Hospitalization (like surgery and overnight stays)
- Laboratory services
- Mental health and substance use disorder (MH/SUD) services, including behavioral health treatment (this includes counseling and psychotherapy)
- Pediatric services, including oral and vision care (but adult dental and vision coverage aren't essential health benefits)
- Pregnancy, maternity, and newborn care (both before and after birth)
- Prescription drugs
- Preventive and wellness services and chronic disease management
- Rehabilitative and habilitative services and devices (services and devices to help people with injuries, disabilities, or chronic conditions gain or recover mental and physical skills)

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Item	EHB Benefit	Benchmark Page # Reference	Employer Plan Covered Benefit?
1	Accidental Injury Dental	Pgs. 10 & 17	Yes
2	Allergy Injections and Testing	Pg. 11	Yes
3	Bone anchored hearing aids	Pgs. 17 & 35	Yes
4	Durable Medical Equipment	Pg. 13	Yes
5	Hospice	Pg. 28	Yes
6	Infertility (Fertility) Treatment	Pgs. 23 - 24	Yes
7	Outpatient Facility Fee (e.g., Ambulatory Surgery Center)	Pg. 21	Yes
8	Outpatient Surgery Physician/Surgical Services (Ambulatory Patient Services)	Pgs. 15 - 16	Yes
9	Private-Duty Nursing	Pgs. 17 & 34	No
10	Prosthetics/Orthotics	Pg. 13	Yes
11	Sterilization (vasectomy men)	Pg. 10	Yes
12	Temporomandibular Joint Disorder (TMJ)	Pgs. 13 & 24	Yes
13	Emergency Room Services (Includes MH/SUD Emergency)	Pg. 7	Yes
14	Emergency Transportation/ Ambulance	Pgs. 4 & 17	Yes
15	Bariatric Surgery (Obesity)	Pg. 21	Yes
16	Breast Reconstruction After Mastectomy	Pgs. 24 - 25	Yes
17	Reconstructive Surgery	Pgs. 25 - 26, & 35	Yes
18	Inpatient Hospital Services (e.g., Hospital Stay)	Pg. 15	Yes

19	Skilled Nursing Facility	Pg. 21	Yes
20	Transplants - Human Organ Transplants (Including transportation & lodging)	Pgs. 18 & 31	Yes
21	Diagnostic Services	Pgs. 6 & 12	Yes
22	Intranasal opioid reversal agent associated with opioid prescriptions	Pg. 32	Yes
23	Mental (Behavioral) Health Treatment (Including Inpatient Treatment)	Pgs. 8 -9, 21	Yes
24	Opioid Medically Assisted Treatment (MAT)	Pg. 21	Yes
25	Substance Use Disorders (Including Inpatient Treatment)	Pgs. 9 & 21	Yes
26	Tele-Psychiatry	Pg. 11	Yes
27	Topical Anti-Inflammatory acute and chronic pain medication	Pg. 32	Yes
28	Pediatric Dental Care	See AllKids Pediatric Dental Document	No
29	Pediatric Vision Coverage	Pgs. 26 - 27	Yes
30	Maternity Service	Pgs. 8 & 22	Yes
31	Outpatient Prescription Drugs	Pgs. 29 - 34	Yes
32	Colorectal Cancer Examination and Screening	Pgs. 12 & 16	Yes
33	Contraceptive/Birth Control Services	Pgs. 13 & 16	Yes
34	Diabetes Self-Management Training and Education	Pgs. 11 & 35	
			Yes
35	Diabetic Supplies for Treatment of Diabetes	Pgs. 31 - 32	Yes Yes
35 36		Pgs. 31 - 32 Pgs. 12, 15, & 24	
	Diabetic Supplies for Treatment of Diabetes Mammography - Screening Osteoporosis - Bone Mass Measurement	-	Yes
36	Diabetic Supplies for Treatment of Diabetes Mammography - Screening	Pgs. 12, 15, & 24	Yes Yes
36 37	Diabetic Supplies for Treatment of Diabetes Mammography - Screening Osteoporosis - Bone Mass Measurement Pap Tests/ Prostate- Specific Antigen Tests/ Ovarian	Pgs. 12, 15, & 24 Pgs. 12 & 16	Yes Yes Yes
36 37 38	Diabetic Supplies for Treatment of Diabetes Mammography - Screening Osteoporosis - Bone Mass Measurement Pap Tests/ Prostate- Specific Antigen Tests/ Ovarian Cancer Surveillance Test	Pgs. 12, 15, & 24 Pgs. 12 & 16 Pg. 16	Yes Yes Yes Yes
36 37 38 39	Diabetic Supplies for Treatment of Diabetes Mammography - Screening Osteoporosis - Bone Mass Measurement Pap Tests/ Prostate- Specific Antigen Tests/ Ovarian Cancer Surveillance Test Preventive Care Services	Pgs. 12, 15, & 24 Pgs. 12 & 16 Pg. 16 Pg. 18	Yes Yes Yes Yes Yes Yes

Employer Name:	Ruan Transport Corporation	
Employer State of Situs:	lowa	
Name of Issuer:	Wellmark BCBS of IA	
Plan Marketing Name:	Choice Savings	
Plan Year:	2023	

- Ambulatory patient services (outpatient care you get without being admitted to a hospital)
- Emergency services
- Hospitalization (like surgery and overnight stays)
- Laboratory services
- Mental health and substance use disorder (MH/SUD) services, including behavioral health treatment (this includes counseling and psychotherapy)
- Pediatric services, including oral and vision care (but adult dental and vision coverage aren't essential health benefits)
- Pregnancy, maternity, and newborn care (both before and after birth)
- Prescription drugs
- Preventive and wellness services and chronic disease management
- Rehabilitative and habilitative services and devices (services and devices to help people with injuries, disabilities, or chronic conditions gain or recover mental and physical skills)

202	20-2022 Illinois Essen	tial Health Benchmark Page # Reference	Employer Plan Covered Benefit?
1	Accidental Injury Dental	Pgs. 10 & 17	Yes
2	Allergy Injections and Testing	Pg. 11	Yes
3	Bone anchored hearing aids	Pgs. 17 & 35	Yes
4	Durable Medical Equipment	Pg. 13	Yes
5	Hospice	Pg. 28	Yes
6	Infertility (Fertility) Treatment	Pgs. 23 - 24	Yes
7	Outpatient Facility Fee (e.g., Ambulatory Surgery Center)	Pg. 21	Yes
8	Outpatient Surgery Physician/Surgical Services (Ambulatory Patient Services)	Pgs. 15 - 16	Yes
9	Private-Duty Nursing	Pgs. 17 & 34	No
10	Prosthetics/Orthotics	Pg. 13	Yes
11	Sterilization (vasectomy men)	Pg. 10	Yes
12	Temporomandibular Joint Disorder (TMJ)	Pgs. 13 & 24	Yes
13	Emergency Room Services (Includes MH/SUD Emergency)	Pg. 7	Yes
14	Emergency Transportation/ Ambulance	Pgs. 4 & 17	Yes
15	Bariatric Surgery (Obesity)	Pg. 21	Yes
16	Breast Reconstruction After Mastectomy	Pgs. 24 - 25	Yes
17	Reconstructive Surgery	Pgs. 25 - 26, & 35	Yes

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18	Inpatient Hospital Services (e.g., Hospital Stay)	Pg. 15	Yes
19	Skilled Nursing Facility	Pg. 21	Yes
20	Transplants - Human Organ Transplants (Including transportation & lodging)	Pgs. 18 & 31	Yes
21	Diagnostic Services	Pgs. 6 & 12	Yes
22	Intranasal opioid reversal agent associated with opioid prescriptions	Pg. 32	Yes
23	Mental (Behavioral) Health Treatment (Including Inpatient Treatment)	Pgs. 8 -9, 21	Yes
24	Opioid Medically Assisted Treatment (MAT)	Pg. 21	Yes
25	Substance Use Disorders (Including Inpatient Treatment)	Pgs. 9 & 21	Yes
26	Tele-Psychiatry	Pg. 11	Yes
27	Topical Anti-Inflammatory acute and chronic pain medication	Pg. 32	Yes
28	Pediatric Dental Care	See AllKids Pediatric Dental Document	No
29	Pediatric Vision Coverage	Pgs. 26 - 27	Yes
30	Maternity Service	Pgs. 8 & 22	Yes
31	Outpatient Prescription Drugs	Pgs. 29 - 34	Yes
32	Colorectal Cancer Examination and Screening	Pgs. 12 & 16	Yes
33	Contraceptive/Birth Control Services	Pgs. 13 & 16	Yes
34	Diabetes Self-Management Training and Education	Pgs. 11 & 35	Yes
35	Diabetic Supplies for Treatment of Diabetes	Pgs. 31 - 32	Yes
36	Mammography - Screening	Pgs. 12, 15, & 24	Yes
36 37	Mammography - Screening Osteoporosis - Bone Mass Measurement	Pgs. 12, 15, & 24 Pgs. 12 & 16	Yes Yes
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37	Osteoporosis - Bone Mass Measurement Pap Tests/ Prostate- Specific Antigen Tests/	Pgs. 12 & 16	Yes
37 38	Osteoporosis - Bone Mass Measurement Pap Tests/ Prostate- Specific Antigen Tests/ Ovarian Cancer Surveillance Test	Pgs. 12 & 16	Yes Yes
37 38 39	Osteoporosis - Bone Mass Measurement Pap Tests/ Prostate- Specific Antigen Tests/ Ovarian Cancer Surveillance Test Preventive Care Services	Pgs. 12 & 16 .Pg. 16 .Pg. 18	Yes Yes Yes
37 38 39 40	Osteoporosis - Bone Mass Measurement Pap Tests/ Prostate- Specific Antigen Tests/ Ovarian Cancer Surveillance Test Preventive Care Services Sterilization (women)	Pgs. 12 & 16 Pg. 16 Pg. 18 Pgs. 10 & 19	Yes Yes Yes Yes

Employer Name:	Ruan Transport Corporation	
Employer State of Situs:	lowa	
Name of Issuer:	Wellmark BCBS of IA	
Plan Marketing Name:	Premier PPO	
Plan Year:	2023	

- Ambulatory patient services (outpatient care you get without being admitted to a hospital)
- Emergency services
- Hospitalization (like surgery and overnight stays)
- Laboratory services
- Mental health and substance use disorder (MH/SUD) services, including behavioral health treatment (this includes counseling and psychotherapy)
- Pediatric services, including oral and vision care (but adult dental and vision coverage aren't essential health benefits)
- Pregnancy, maternity, and newborn care (both before and after birth)
- Prescription drugs
- Preventive and wellness services and chronic disease management
- Rehabilitative and habilitative services and devices (services and devices to help people with injuries, disabilities, or chronic conditions gain or recover mental and physical skills)

Item	EHB Benefit	Benchmark Page # Reference	Employer Plan Covered Benefit	
1	Accidental Injury Dental	Pgs. 10 & 17	Yes	
2	Allergy Injections and Testing	Pg. 11	Yes	
3	Bone anchored hearing aids	Pgs. 17 & 35	Yes	
4	Durable Medical Equipment	Pg. 13	Yes	
5	Hospice	Pg. 28	Yes	
6	Infertility (Fertility) Treatment	Pgs. 23 - 24	Yes	
7	Outpatient Facility Fee (e.g., Ambulatory Surgery Center)	Pg. 21	Yes	
8	Outpatient Surgery Physician/Surgical Services (Ambulatory Patient Services)	Pgs. 15 - 16	Yes	
9	Private-Duty Nursing	Pgs. 17 & 34	No	
10	Prosthetics/Orthotics	Pg. 13	Yes	
11	Sterilization (vasectomy men)	Pg. 10	Yes	
12	Temporomandibular Joint Disorder (TMJ)	Pgs. 13 & 24	Yes	
13	Emergency Room Services (Includes MH/SUD Emergency)	Pg. 7	Yes	
14	Emergency Transportation/ Ambulance	Pgs. 4 & 17	Yes	
15	Bariatric Surgery (Obesity)	Pg. 21	Yes	

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16	Breast Reconstruction After Mastectomy	Pgs. 24 - 25	Yes
17	Reconstructive Surgery	Pgs. 25 - 26, & 35	Yes
18	Inpatient Hospital Services (e.g., Hospital Stay)	Pg. 15	Yes
19	Skilled Nursing Facility	Pg. 21	Yes
20	Transplants - Human Organ Transplants (Including transportation & lodging)	Pgs. 18 & 31	Yes
21	Diagnostic Services	Pgs. 6 & 12	Yes
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23	Mental (Behavioral) Health Treatment (Including Inpatient Treatment)	Pgs. 8 -9, 21	Yes
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25	Substance Use Disorders (Including Inpatient Treatment)	Pgs. 9 & 21	Yes
26	Tele-Psychiatry	Pg. 11	Yes
27	Topical Anti-Inflammatory acute and chronic pain medication	Pg. 32	Yes
28	Pediatric Dental Care	See AllKids Pediatric Dental Document	No
29	Pediatric Vision Coverage	Pgs. 26 - 27	Yes
30	Maternity Service	Pgs. 8 & 22	Yes
31	Outpatient Prescription Drugs	Pgs. 29 - 34	Yes
32	Colorectal Cancer Examination and Screening	Pgs. 12 & 16	Yes
33	Contraceptive/Birth Control Services	Pgs. 13 & 16	Yes
34	Diabetes Self-Management Training and Education	Pgs. 11 & 35	Yes
35	Diabetic Supplies for Treatment of Diabetes	Pgs. 31 - 32	Yes
36	Mammography - Screening	Pgs. 12, 15, & 24	Yes
37	Osteoporosis - Bone Mass Measurement	Pgs. 12 & 16	Yes
38	Pap Tests/ Prostate- Specific Antigen Tests/ Ovarian Cancer Surveillance Test	Pg. 16	Yes
39	Preventive Care Services	Pg. 18	Yes
40	Sterilization (women)	Pgs. 10 & 19	Yes
41	Chiropractic & Osteopathic Manipulation	Pgs. 12 - 13	Yes
42	Habilitative and Rehabilitative Services	Pgs. 8, 9, 11, 12, 22, & 35	Yes
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